

How Students Can Best Prepare for The Bridges Training Series to Facilitate Success in Their Transition to Postsecondary Life



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Bridges Training Series

The Bridges Training Series is a transition program for young adults, between the ages of 18 and 24, with an intellectual disability that are in high school or who've just graduated. Bridges prepares students for the workforce, independent living, and post-secondary education. Through the training series, the students learn about person-centered planning, creating and maintaining healthy habits, setting short-term and long-term goals, and utilizing resources to facilitate success in post-high school life.



Leadership Activities

Teacher's Assistant

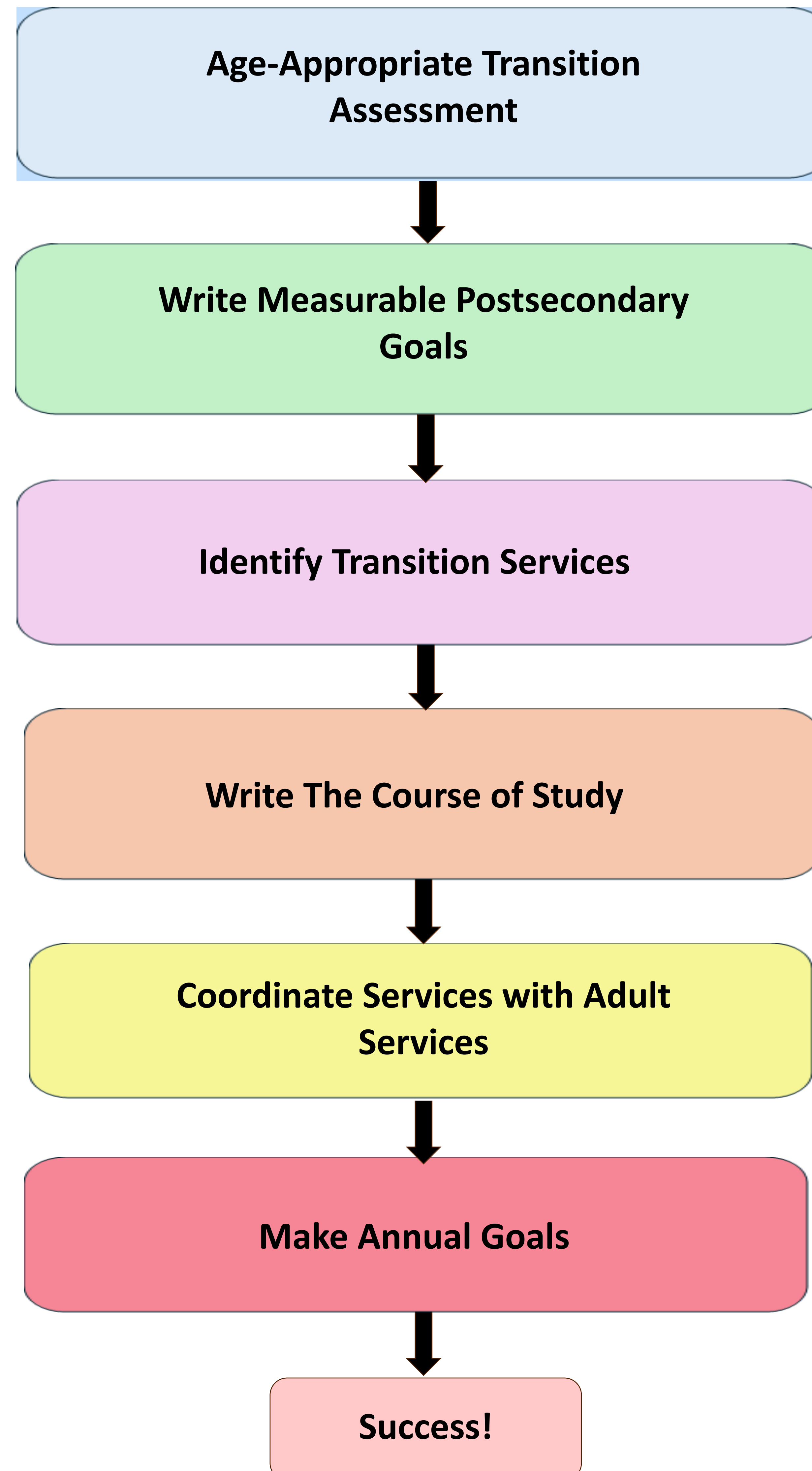
- Facilitated small group discussions
- Collected attendance
- Set up breakout rooms
- Monitored for questions or comments
- Served as resource for assignments

Leadership Opportunities

- Next Steps Transition Summit
- National Trends in Disability Employment (nTIDE)
- Next Steps NH Webinars
- Community Transitions Fair



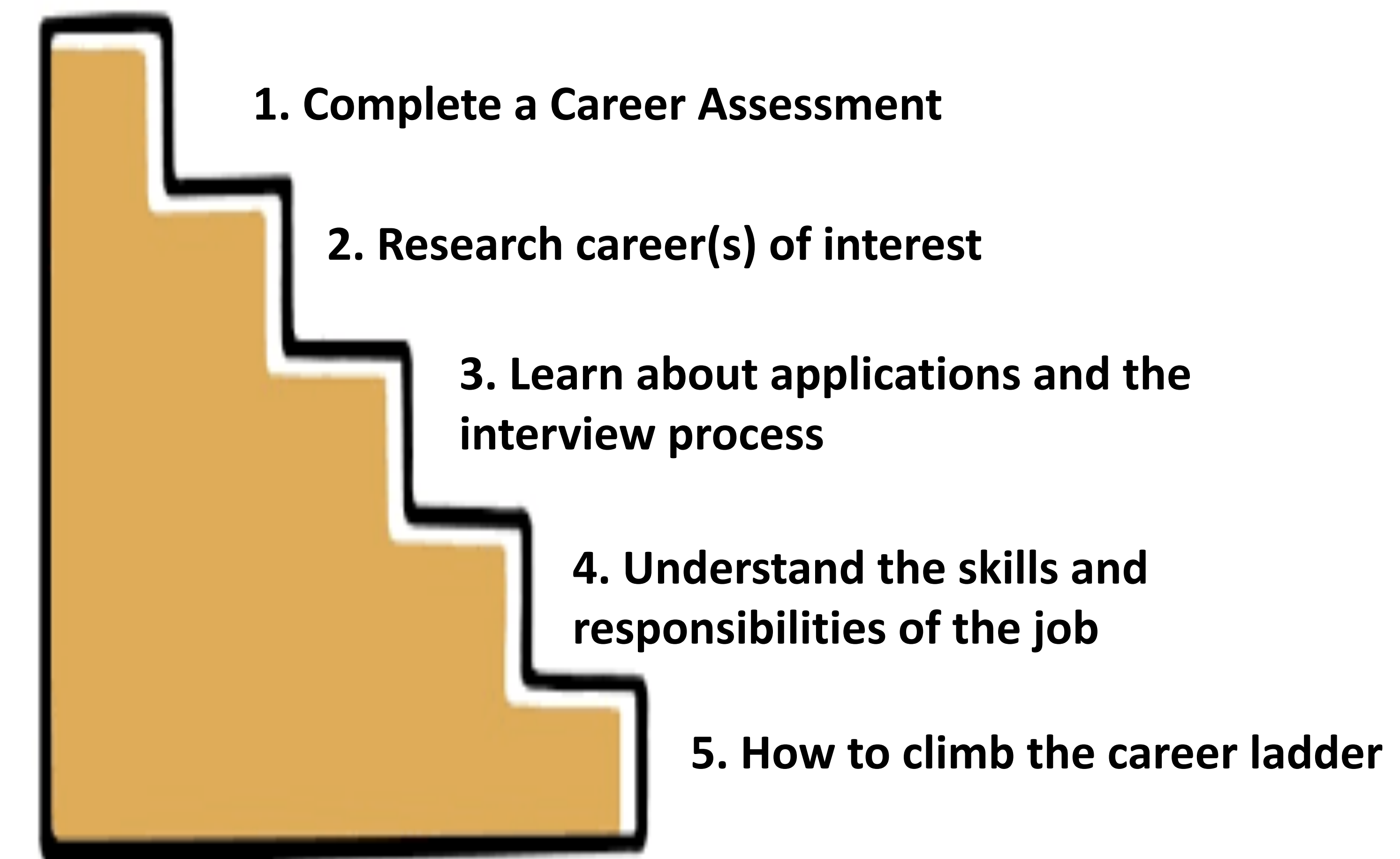
How to Make an IEP to Best Prepare for Transition After High School



Moving from an IEP to Bridges to the Workforce

Utilizing the steps to create an appropriate IEP will provide the student with a positive trajectory towards postsecondary success. Students can enroll in the Bridges Training Series to further gain information that will allow them to enter the workforce or college with self-advocacy skills, time management skills, and the confidence that they are capable of postsecondary life success.

Next Steps: Career



References

- <https://nextsteps-nh.org/transition-iep-tool/measurable-postsecondary-goals/>
- <https://nextsteps-nh.org/transition-iep-tool/age-appropriate-transition-assessments/>
- <https://nextsteps-nh.org/transition-iep-tool/transition-services/>
- <https://nextsteps-nh.org/transition-iep-tool/courses-of-study/>
- <https://nextsteps-nh.org/transition-iep-tool/invitation-of-agency-representative/>
- <https://nextsteps-nh.org/transition-iep-tool/annual-iep-goals/>

