

BLACK WOMEN MATERNAL HEALTH MODEL AICHA ALI, B.S, A.E.D Institute on Disability, University of New Hampshire NH-ME LEND

Pictures



Introduction

NMPHI focuses on identifying and addressing health inequities. Working with its community to bridge the gap between the people and the healthcare providers to minimize health disparities and inequality. To improve the health of the population we serve, another aspect of NMPHI's goal is to encourage healthy behaviors and alter the attitudes, beliefs, and behaviors of those we serve. NMPHI advocates for the marginalized community to build stronger and healthier members of the community.

Black and Immigrant mothers encounter difficulties in obtaining high-quality maternity care. The purpose of this encourage culturally aware methods of promoting maternal relevant to Black Women and Somali. During my of medical professionals who respect and acknowledge the And lastly, it aims to promote the value of providing care that they had in getting access to maternal health care. is culturally sensitive to improve maternal health outcomes.

The training was developed through feedback from listening and watching video sessions about Maternal Health. Women were concerned and challenged by the healthcare system, and the areas in which they were seeking to improve access to maternal healthcare services. After every session, I received feedback that helped me to proceed to the next one. My ability to deliver knowledge that was particularly pertinent to the needs of women was made possible by the women's approach.

I have experienced an increase in participation monthly as more women within the community learn about the project. My first session had 12 women, the second session had 17 women, and the third session had 18 women.

am providing focus group presentation slides and poster is to draw attention to these differences and structured learning sessions on Maternal healthcare topic Email hello@brandyrogers.com and go to health in our communities. It also seeks to speak up in favor presentation sessions, I had the opportunity to hear cultural customs and beliefs of Black and Immigrant moms. many participants' experiences regarding the difficulties

Results

Promote Maternal Well-being: Enhance the physical and mental well-being of immigrant moms and black moms during pregnancy and postpartum. Provide Culturally Relevant Information:

Offer maternal health information that is sensitive to the cultural needs and experiences of immigrant and black

communities.

Foster community support: create a supportive community where moms can share experiences, learn from each other, and build a network of support. Accessibility and Inclusivity:

Ensure that the program is accessible and inclusive, addressing any barriers related to language, cultural differences, or healthcare disparities.

Conclusions

Culturally and linguistically appropriate services are lacking in the health systems. I hope additional training is necessary for case managers and other healthcare professionals to serve our community effectively.

Together with the community members, I have created leadership development programs for the future. Raising awareness in the Somali and Black communities about women's health

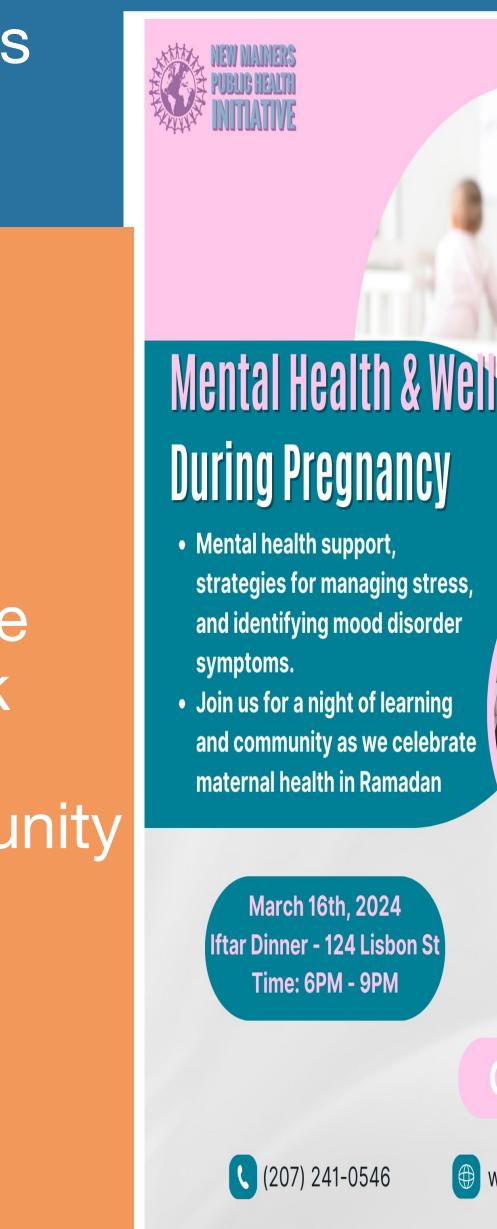
Reference

SUPPORT GROUP IN MAINE

Strong Like A Mother (Pregnancy)

Once monthly in-person facilitated support group offered in person every 4th Friday of each month.

www.brandyrogers.com for more information. §Photo of Brandy Rogers, Counselor in Maine











www.nmphi.org

