INTRODUCTION

The Supplemental Nutrition Assistance Program Education (SNAP-Ed) is the largest community nutrition program in t United States, but previously restricted from college studer

The Enhanced Access to SNAP (EATS) Act of 2021 extend SNAP and SNAP-Ed eligibility to college campuses, specifica to **Pell Grant recipients²**. Federal Pell Grants are awarded undergraduate students based on financial need². Assessme of Pell Grant recipient health behaviors are needed to deve SNAP-Ed programming for the Pell Grant student populati

STUDY OBJECTIVE

This study assesses the opportunity for intervention am Pell Grant recipients in SNAP-Ed's three priority indicate

Healthy Eating





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METHODS

Data collected from 2015-2021 as part an ongoing, cross-sectional study at a UNH (IRB #5524)

Healthy Eating Index (HEI)

Participants completed a three-day nutrient analysis. A modified **Healthy Eating Index (HEI)** was calculated compared to the recommended score $(>80)^3$.

Equivalent Minutes of Physical Activity (emPA)



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Participants completed questions related to physical activity as part of the online survey.

Equivalent minutes of moderate and vigorous physica activity (emPA) were calculated and compared to the recommended weekly minutes (>150)⁴.

Eating Competence (ecSI)

Participants completed the Eating Competence Satter Inventory (ecSI 2.0[™]) as part of the online survey.



Eating Competence (ecSI) was scored and compared t eating competent threshold $(>32)^5$.

The ecSI subscales Eating Attitude (0-15), Food Regulat (0-9), Contextual Skills (0-15), and Food Acceptance (0were proportioned to the total score (48) and compare

*Participants with missing data were excluded from analysis.

Assessment of SNAP-Ed Indicators in Pell-Grant Recipients Brooke Kelleher, BS and Jesse Stabile Morrell, PhD Department of Agriculture, Nutrition, and Food Systems University of New Hampshire

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Participant Characteristics (n=645)					
		Number	Frequency (%)		
Gender	Female	448	69.5		
	Male	197	30.5		
Age	18	274	42.5		
	19	218	33.8		
	20	83	12.9		
	21	38	5.9		
	22+	32	5.0		

FINDINGS

Students varied in reaching recommendations of SNAP-Ed's three priority areas, with

Healthy Eating offering the greatest opportunity for intervention. Our findings may help agencies develop and adapt SNAP-Ed curriculum for Pell Grant-eligible college students and tailor materials according to the greatest areas of need.

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